

# Ashley Skelly, MMS, PA-C

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## CURRENT APPOINTMENTS

Associate Professor, Graduate Physician Assistant Program James Madison University, Department of Health Professions	<i>April 2021 – current</i>
Admissions Coordinator, Graduate Physician Assistant Program James Madison University, Department of Health Professions	<i>June 2018 – current</i>
Assistant Professor, Graduate Physician Assistant Program James Madison University, Department of Health Professions	<i>August 2015 – April 2021</i>
Physician Assistant, PRN – College Health Medicine James Madison University Health Center – Harrisonburg, VA	<i>August 2015 – current</i>

## PREVIOUS APPOINTMENTS

Physician Assistant – College Health Medicine James Madison University Health Center – Harrisonburg, VA	<i>December 2008 – August 2015</i>
Preceptor for Physician Assistant Students James Madison University Physician Assistant Program	<i>2009, 2010, 2012</i>
Adjunct Professor, Graduate Physician Assistant Program James Madison University, Department of Health Sciences	<i>May 2015 – August 2015</i>

## EDUCATION

Wake Forest University School of Medicine – Winston-Salem, NC Master of Medical Science, Concentration – Physician Assistant	<i>May 2006 – May 2008</i>
The College of William and Mary – Williamsburg, VA Bachelor of Science, Kinesiology	<i>August 1997 – May 2001</i>

## TEACHING EXPERIENCE – FULL COURSES

PA 510: Physical Diagnosis I Physician Assistant Program – James Madison University	<i>Each Fall semester, 2015 – 2022</i>
PA 511: Physical Diagnosis II Physician Assistant Program – James Madison University	<i>Each Summer semester, 2016 – 2019, 2021-2022 Fall 2020</i>
PA 622: Obstetrics and Gynecology Physician Assistant Program – James Madison University	<i>Each Summer semester, 2015 – 2022</i>
PA 623: Pediatric Medicine Physician Assistant Program – James Madison University	<i>Each Fall semester, 2015 – 2017</i>
PA 631: Diagnostic Methods II Physician Assistant Program – James Madison University	<i>Each Fall semester, 2018 – 2022 Summer 2020</i>
PA 654: Capstone Project Physician Assistant Program – James Madison University	<i>Each Spring semester, 2016, 2017, 2021 - 2023 Fall 2018 - 2022</i>
PA 675: Pediatric Medicine Clinical Rotation Physician Assistant Program – James Madison University	<i>Each Spring/Summer/Fall, 2015 – 2023</i>

PA 676: Obstetrics and Gynecology Clinical Rotation  
Physician Assistant Program – James Madison University

*Each Spring/Summer/Fall, 2015 – 2023*

PA 680: Elective Clinical Rotation II  
Physician Assistant Program – James Madison University

*Each Summer/Fall, 2022 – 2023*

ATEP 378: Assessment Skills in Athletic Training  
Athletic Training Program – James Madison University

*Spring/Fall 2020*

HTH 210: Medical Terminology  
Health Sciences Department – James Madison University

*Each Spring/Fall, 2015 – 2017, Spring 2020*

**GRANTS (INTERNAL & EXTERNAL).** *Total career grant funds awarded: \$9,314*

Graham A, Skelly A, Simmons W. CHBS Collaborative Grant. “Putting Professionalism into Practice: Equipping Future Healthcare Professionals with Strategies to Succeed”. February 2023. Total Requested: \$9805. *PENDING*

**Skelly A**, Simmons W, Graham A. CHBS Mini-Grant. “Fueling Your Future: A Health Professions Mentorship Program”. January 2023. Total Requested: \$984. *PENDING*

Weniger J, Maiewski S, **Skelly A**, Simmons W, Massey A. “Resiliency & Mental Wellness in Health Professions Students”. Congressional Appropriations Funding. April 2022. Total Requested: \$446,238. *NOT FUNDED*

Weniger J, Maiewski S, **Skelly A**, Simmons W, Massey A. “A Comprehensive Approach to Resilience and Mental Wellness in the Health Professions (CARE Well)”. Health and Public Safety Workforce Resiliency Training Program. August 2021. Total Requested: \$1,446,461. *NOT FUNDED*.

**Skelly A**, Simmons W. Virginia Academy of Physician Assistant (VAPA) Mini-Grant. “Teaching LGBTQ+ Health to Health Professionals.” June 2021. Total requested: \$50 *FUNDED*

Richardson E, **Skelly A**, Massey A. CHBS Collaborative Grant. “Breaking New Ground: Envisioning Comprehensive, Interprofessional Programming Designed to Support Family Health Beginning Before Birth”. February 2020. Total Requested: \$3548 *NOT FUNDED*

Graham A, **Skelly A**, Simmons W, Stowell S. Innovative Efforts Award (IDEA) Grant. James Madison University. “A Transformative Approach: Equipping Healthcare Professionals to Provide Inclusive Care”. January 2020. Total Requested: \$1365 *FUNDED*

Blackstone S, Johnson A, Simmons W, **Skelly A**. College of Health & Behavioral Studies Dean’s Mini-Grant. James Madison University. “A Qualitative Assessment of Burnout among Physician Assistant Students”. January 2019. Total requested: \$1000 *FUNDED*

Blackstone S, Johnson A, Simmons W, **Skelly A**. College of Health & Behavioral Studies Collaborative Grant. James Madison University. “Assessing Burnout in Physician Assistant Students and Developing Strategies to Promote Wellness and Resilience”. April 2018. Total requested: \$6,899 *FUNDED*

**SCHOLARLY PRESENTATIONS**

**Skelly, A.** Simmons W. Massey A. Fight the BURNout: Development of a Student-Guided Wellness Curriculum. JMU CFI May Symposium. Harrisonburg, VA. May 2022.

**Skelly, A.** Simmons W. PA Students: Feeling the BURNout. Poster Presentation. Virginia Academy of Physician Assistants Summer CME Conference. Virginia Beach, VA. July 2020.

**Skelly A**, Simmons W. Bridging the Gap: From the Classroom to the Clinic. Poster Presentation. James Madison University’s Teaching and Learning with Technology Conference. Harrisonburg, VA. November 2019.

Blackstone S, Johnson A, Smith N, McCall T, Simmons W, **Skelly A**. Burnout, Emotional Distress, and Self-Reported Medical Errors within the PA Profession. Podium Presentation. American Academy of Physician Assistants National Conference. Denver, CO. May 2019.

Simmons W, **Skelly A**. Shadow Health™: Virtual to Reality. Poster Presentation. James Madison University’s Teaching and Learning with Technology Conference. Harrisonburg, VA. November 2018.

**Skelly A.** Antibiotic Resistance – When should we treat? Podium Presentation. James Madison University Health Center. Harrisonburg, VA. April 2011.

**Skelly A.** Double Bundle versus Single Bundle Anterior Cruciate Ligament Reconstruction. Podium Presentation. Wake Forest School of Medicine Master’s Symposium. Winston-Salem, NC. April 2008.

#### **PUBLICATIONS – REFEREED JOURNALS**

Blackstone S, Johnson A, Smith N, McCall T, Simmons W, **Skelly A.** Depression, Burnout, and Professional Outcomes among Physician Assistants. *Journal of the American Academy of Physician Assistants.* Sep 2021. Vol 34. Num 9.

Johnson A, Blackstone S, **Skelly A,** Simmons W. The Relationship between Depression, Anxiety, and Burnout among Physician Assistant Students: A Multi-Institutional Study. *Health Professions Education.* Sep 2020.

Blackstone S, Johnson A, Simmons W, **Skelly A.** A Qualitative Examination of Burnout Experienced by Physician Assistant Students. *American Journal of Health Studies.* 2020 Volume 35 Number 1.

Blackstone S, Johnson A, Simmons W, **Skelly A.** Assessing Burnout and Interest in Wellness Programs in Physician Assistant Students: Result of a Multi-Institutional Study. *Journal of Physician Assistant Education.* June 2020.

#### **ADVISING, MEMBERSHIPS & AFFILIATIONS**

- Advisor, JMU Physician Assistant Student Society
- Advisor, JMU Pre-Physician Assistant Club
- Member, Physician Assistant Education Association
- Member, American Academy of Physician Assistants
- Member, Virginia Academy of Physician Assistants
  - Central Shenandoah Regional Co-Coordinator
  - Membership Committee

#### **HONORS & AWARDS (Program)**

The PA Program was rated “exemplary” via the Annual Progress Template by the Center for Assessment and Research Studies at James Madison University from 2014 – present.

In 2019, US News & World Report ranked the JMU PA program #46 out of 170 PA programs nationwide. This is an improvement of 24 spots from the last rankings (2017) when the program was #70.

Graduate Student Association IMPACT Award, 2019-20, 2018-19. The JMU graduate student association recognizes the Physician Assistant Program for the outstanding impact this program has had on the JMU graduate student community

Dolley Leadership Awards – Outstanding Student Organization (Nominee), 2018. Annual recognition celebrating the organization that has a positive influence on the JMU community through exceptional programming, leadership, and goal attainment.

AFP’s Youth in Philanthropy Award, 2017. JMU PA program students and faculty participated in a local video “mannequin challenge” for which they won the top prize of \$5,000. Students then voted to donate the prize money to the Harrisonburg-Rockingham Free Clinic. For these efforts, the Association of Fundraising Professionals awarded the JMU Physician Assistant Program with the 2017 “Youth in Philanthropy” award.

#### **LICENSURE/CERTIFICATIONS**

National Commission on the Certification of Physician Assistants

Commonwealth of Virginia Physician Assistant Licensure

Drug Enforcement Agency (DEA) Licensure

American Red Cross Adults CPR/AED

Mental Health First Aid Provider

Screening, Brief Intervention and Referral to Treatment (SBIRT) for Health and Behavioral Professionals