

**Professional Curriculum Vita**  
**Danielle M. Torisky, Ph.D., R.D.N.**  
**January 2023**

EMPLOYMENT

1991-present: Professor, Dietetics Program (Assistant 1991-1999; Associate 1999-2022)  
Department of Health Sciences, MSC 4301  
(Will be Department of Health Professions, MSC 4315)  
James Madison University  
235 Martin Luther King, Jr. Way Harrisonburg, VA 22807  
Telephone: 540/568-6579 E-mail: [toriskdm@jmu.edu](mailto:toriskdm@jmu.edu)

1987-1991: Public Health Nutritionist for Women, Infants & Children (WIC) Program  
+ Maternal Child Health Nutritionist for High Risk Pregnant Women  
Virginia Department of Health  
Mount Rogers Health District  
Wytheville, VA 24382

Prior to 1987: College and Graduate School Years:  
Jobs in food service, campus workstudy and graduate assistantships

EDUCATION

- Bachelor of Science Degree in Home Economics
  - Self-designed major: Nutrition and Fine Arts
  - Received May, 1980 - Seton Hill College, Greensburg, PA 15601
  - Undergraduate Senior Thesis: Strategies to Overcome Obstacles to Nutritional Balance in Adolescence
- Master of Science Degree in Community/Public Health Nutrition
  - Received June, 1984 - Virginia Tech, Blacksburg, VA 24061
  - Thesis: Developing an Instrument for Assessing Food Patterns of Preschool Children
- Doctor of Philosophy Degree in Community/Public Health Nutrition
  - Received December, 1987 - Virginia Tech, Blacksburg, VA 24061
  - Dissertation: Evaluation of the Expanded Food and Nutrition Education Program (EFNEP) in Virginia: Extent and Retention of Dietary Improvement and Related Family Factors

CREDENTIALS & CERTIFICATIONS

- Registered Dietitian (RD). Successfully completed registration examination for dietitians administered by the American Dietetic Association (ADA), October, 1985. Academy of Nutrition and Dietetics (formerly ADA), has adopted new credential wording and abbreviation: Registered Dietitian Nutritionist (RDN). Currently in 2021-2026 Continuing Professional Education (CPE) cycle.
- Successfully completed ServSafe training and exam, January 2007; renewal plus successful completion of training/exam to become ServSafe Instructor and Exam Proctor in 2011, and renewed June 2016 and again in June 2019. ServSafe Manager certification renewal Aug 2016 and again in September 2021. Both current.

## PUBLICATIONS – 2012 to present

Pioneers in Professional Dietetics – First in a Series: Jonathan Letterman: Civil War Surgeon and Honorary Dietitian. *The Digest* (Research – a Dietetic Practice Group of the Academy of Nutrition and Dietetics) Vol 50 No 1 Winter 2015, pp 14-15.

Pioneers in Professional Dietetics – Second in a Series: Annie Wittenmyer and the Civil War Army Hospital Diet Kitchens. *The Digest* (Research – a Dietetic Practice Group of the Academy of Nutrition and Dietetics) Vol 50 No 2 Spring 2015, p 23.

Pioneers in Professional Dietetics – Third in a Series: Susie King Taylor: Nurse and Educator of African American Civil War Soldiers. *The Digest* (Research – a Dietetic Practice Group of the Academy of Nutrition and Dietetics) Vol 50 No 3 Summer 2015, p 14.

Pioneers in Professional Dietetics – Fourth in a Series: Sarah Tyson Rorer – Master Educator of Applied Food and Nutrition. *The Digest* Vol 50 No 4, Fall 2015, p 16.

Pioneers in Professional Dietetics – Fifth in a Series: Phoebe Yates Pember – Matron of Chimborazo Hospital. *The Digest* Vol 51 No 1, Winter 2016, pp 12-13.

Pioneers in Professional Dietetics – Sixth in a Series: Mary Ann Bickerdyke – “Mother” to the Western Army. *The Digest* Vol 51 No 2, Spring, 2016, pp 10-11.

Stewart K, Rittenhouse M, Gloeckner J, Torisky D. Screening for Metabolic Bone Disease in Preterm Infants. *Infant, Child & Adolescent Nutrition (ICAN)* Vol 7 No 5, 2015. Online journal: <http://can.sagepub.com/content/7/5/229.full> Last accessed 6/1/2016.

Pioneers in Professional Dietetics – Seventh in a Series: Dr Esther Hill-Hawks: On Call in Trying Times. *The Digest* Vol 51 No 3, Summer 2016, pp 12-13.

Pioneers in Professional Dietetics – Eighth in a Series: Lydia Maria Francis Child. *The Digest* Vol 51 No 4, Fall 2016, pp 13-14.

Gregory RM, Hamdan H, Torisky DM, Akers JD: A Low Carbohydrate Ketogenic Diet Combined with 6-Weeks of Crossfit Training Improves Body Composition and Performance. *International Journal of Sports and Exercise Medicine*. 2017. Volume 3 Issue 2. (Online, Original Article, Open Access) DOI: 10.23937/2469-5718/1510054, ISSN: 2469-5718.

Pioneers in Professional Dietetics – Ninth in a Series: Georgiana Woolsey: Feeding the Wounded at Gettysburg. *The Digest* Vol 52 No 1, Summer 2017, pp 15-16.

Pioneers in Professional Dietetics – Tenth in a Series: Jane Stuart Woolsey: Managing Special Diets in the Fairfax Seminary Hospital. *The Digest* Vol 52 No 2, Fall 2017, pp 19-20.

Pioneers in Professional Dietetics – Eleventh in a Series: Louisa May Alcott: Costly Lessons Learned at Union Hotel Hospital. *The Digest* Vol 53 No 1, Winter 2018, pp 15-16.

Pioneers in Professional Dietetics – Twelfth in a Series: Mary Livermore: Excerpts from Original Account of Sanitary Commission Service. *The Digest*. (Quarterly Newsletter of Research Dietitians Dietetic Practice Group of the Academy of Nutrition and Dietetics). Vol 53, No 2, Spring 2018, pp 11-12.

Torisky, DM. Pioneers in Professional Dietetics – Thirteenth in a Series: LeGrand’s Instructions for Keeping Union Soldiers Fit for Duty. *The Digest*. Vol 53, No 3, Summer 2018, pp 12-14.

Torisky, DM: Pioneers in Professional Dietetics – Fourteenth in a Series: Clara Barton’s Supplies on the Move with the Union Army. *The Digest*. Vol 55, No 1, Spring 2020, pp 15-16.

Torisky, DM: Pioneers in Professional Dietetics – Fifteenth in a Series: Walt Whitman’s Patient Care Notes. *The Digest*. Vol 55, No 4, Summer 2021, pp 22-23.

PRESENTATIONS – 2012 to present

Virginia Dietetic Association Annual Meeting Poster Presentation Mar 26, 2012. Sokoloff, LE, Torisky, DM, Lewis, KL, and Brevard, PB. Nutrition Services Agencies for HIV/AIDS Clients: Characteristics and Potential Role in Client Outcomes

Virginia Academy of Nutrition and Dietetics Annual Meeting Poster Presentation April 14, 2015. Mayo, SK, Torisky, DM, Akers, JA, Lee, RE. Text-Messaging to Increase Fruit and Vegetable Consumption in Black Adults.

Virginia Academy of Nutrition and Dietetics Annual Meeting Poster Presentation April 14, 2015. Belknap, GL, Torisky, DM, Gloeckner, JW, Rittenhouse, MA, Jahan, N. Does High Dietary Intake of Glucosinolates and Isothiocyanates Reduce the Incidence of Colorectal Cancer in Adult Men and Women? A Systematic Review.

JMU Graduate School Showcase Poster Presentation, April 20, 2017. Cabarkapa, D., Edwards, ES, Torisky, DM, Akers, JD. Relationship Between Breakfast and Basketball Shooting Accuracy.

JMU Graduate School Symposium Poster Presentation, April 2018. Fornieri, JL, Akers, JD, Torisky, DM, Hamdan H. Iron Status in Relation to Well-Being Questionnaire (H10WB) Scores in Division I Female Collegiate Athletes.

Academy of Nutrition and Dietetics Food & Nutrition Conference & Expo (FNCE) Oct 16-19, 2021 Virtual Event. Poster abstract accepted for presentation. Ana Abad-Jorge, Ed.D., RDN, FAND, Michelle Hesse, Ph.D., RDN, Danielle Torisky, Ph.D., RDN and Jeremy Akers, Ph.D., RDN. Implementing Online Best Practices and Learning Community during the Pandemic in a Nutrition Course for Nutrition and Health Sciences Majors. Abstract published in *Journal of the Academy of Nutrition and Dietetics* Sept 2021 Vol 121 No 9 Suppl 1, p A-43.

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**Biographical Information for Speaking Engagements (updated January 2023)**

Dr. Danielle Torisky received her Bachelor of Science degree in Home Economics with a minor in Nutrition and Fine Arts at Seton Hill College in Greensburg, PA, and her Master of Science and Doctor of Philosophy degrees in Community / Public Health Nutrition at Virginia Tech in Blacksburg, VA. She is currently an Associate Professor in the Health Sciences Department, Dietetics Program, at James Madison University, where she teaches at both undergraduate and graduate levels; courses taught include Nutrition for Wellness, Food Service Systems, Quantity Food Production, Lifecycle Nutrition, Global Nutrition, Counseling Skills for Dietetics, and (graduate level) Nutrition Education & Counseling. Special areas of interest include dietetics/medical history with focus on Civil War period (see below), nutrition education and counseling techniques, special nutrient and educational needs of developmentally disabled individuals and their families, nutrition and behavior, and related projects which combine research and service in community and worksite settings. Dr. Torisky regularly attends and/or presents at annual meeting of Virginia Academy of Nutrition and Dietetics. She gives presentations on various nutrition topics as requested on campus, in the local community, and for organizations. Dr. Torisky celebrated 25 years as a faculty member at JMU in October 2016.

**Specific to History of Food and Dietetics Profession:**

Dr. Torisky's historical research focus is in nutrition, health, and medicine in the 19<sup>th</sup> and early 20<sup>th</sup> century – and dynamics of the health professions involved in nourishing individuals during the American Civil War. She believes it is important to share with her dietetics students the history of their field, including the progress made during the years of 1861-1865 toward the profession to be later named dietetics. She has attended annual Civil War Institutes at JMU, annual meetings of the National Museum of Civil War Medicine. She has presented Civil War food and nutrition programs to the JMU Civil War Institute, Shenandoah Valley Civil War Roundtable, Society for Port Republic Preservationists, Elkton Middle School, Shenandoah Valley Mountain Culture Symposium, JMU History Department, JMU Graduate Dietetics Program Research Seminar, Blue Ridge Dietetic Association Journal Club, the U.S. Joint Military Intelligence College, the Society of Civil War Surgeons, Virginia Family and Consumer Educators, Peacock Harper Culinary Committee, and Shenandoah Folklife Society. Her "Hospital Diet Kitchen" poster display was exhibited in the National Museum of Civil War Medicine in April of 1997. She has given Civil War nutrition poster presentations at both Virginia Dietetic Association and American Dietetic Association annual meetings, and through 2012 conducted a yearly lecture/workshop on Civil War dietetics for JMU students in the Foundations of Dietetics Practice course. In 1998 she published her first Civil War article entitled "Quantity Feeding in the American Civil War." A second manuscript was published in 2005 as a chapter, "Comfort Foods and Food Remedies in the 19<sup>th</sup> Century" in the book, *Portals to Shenandoah Valley Folkways*. A third manuscript is in progress: "Feeding Armies on the Move in the Civil War." Dr. Torisky completed a 50-page History of Dining Services at James Madison University for its centennial celebration in 2008; the document can be viewed online at: [History of Dining Services at James Madison University \(jmu.edu\)](http://www.jmu.edu/historyofdiningservices/). She was requested to submit a quarterly series of articles on Pioneers on Professional Dietetics for *The Digest*, a publication of the Dietetics Research Practice Group of the Academy of Nutrition and Dietetics. Fifteen have been published between 2015 and 2021.